

How To Get The Most Out Of Your Practicum

Before you start clinical practicums you should have a firm grasp of the basics of herbal medicine including theoretical and practical applications. It is important to understand that your clinical mentor and practicum will focus on clinical issues and cases and not basic herbal knowledge. It is highly recommended that you discuss your expectations of the practicum with your mentor prior to the start of your practicum. Each practitioner sets out the learning outcomes and curriculum for their own practicums based on their own clinical practice, therefore each practicum might look different based on the practitioner and the season.

Working with more than one mentor may be beneficial in order to gain a wider perspective and insight into different types of clinical setups and practices; however due to geographical restrictions this isn't always possible. We recommend you choose a practitioner that you align with professionally and in terms of healing philosophies.

In order to have the best possible experience we recommend the following:

- Be honest about your skill level and competency
- Be open to honest and fair feedback and evaluations from your mentor as well as an appraisal of your skill level throughout the practicum
- Abide by the confidentiality agreement set out by your mentor
- Respect your mentor's boundaries with regards to time and energy
- Be proactive in your learning and show initiative
- Act professionally at all times during your practicum
- Be prompt and prepared for each day of your practicum

During your practicum you will cover (through observation or practical application) all aspects of running a clinical practice including, but not limited to:

- Client intake
- Lifestyle recommendations
- Dietary and herbal recommendations
- Making effective recommendations
- Keeping a herbal dispensary/apothecary
- Making referrals
- Continuity of care



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- Discontinuing care
- Responding to adverse reactions
- Difficult patients
- Formulating
- Dosage
- Legal issues
- Office management

Cancellation Policy

If you need to cancel your practicum after payment has been made, you may be eligible for a refund or credit.

Our cancellation policy is as follows:

- If cancellation occurs more than 2 weeks before the practicum is due to begin, the student is eligible for a 50% refund or 75% credit (credit is only applicable to another practicum)
- If cancellation occurs less than 2 weeks before the practicum is due to begin, the student is eligible for a 25% refund or credit
- If cancellation occurs less than 48 hours before the practicum is due to begin, the student is not eligible for a refund

Should you be unable to attend your practicum due to sickness you should contact both your mentor and Wild Rose College at the earliest possible opportunity. It is at the practitioner's discretion whether to make up those hours at a later date.

In the rare occurrence that either the practitioner or the student should want to discontinue the practicum once it has started. They should contact Wild Rose College via email at the earliest possible opportunity stating their reasons for wishing to discontinue the practicum. Any refund will be at the discretion of Wild Rose College.

Student Dispute Policy

A student's written complaint should be sent via email or the Wild Rose College web submission form in order to provide receipt and verification of the date the complaint was received. The Administrative Manager will discuss the complaint and desired resolution with the student and following discussion the Administrative Manager will conduct whatever inquiries and/or



investigations are necessary and appropriate to determine whether the complaint is substantiated or not. Those investigations/inquiries may involve further discussion(s) with the student either individually or with the appropriate staff/instructor or clinical manager.

The student shall receive a written summary of the above determination within 45 days of the date the complaint was received.

If it is determined that the student complaint is substantiated, the Administrative Manager will include a proposed resolution of the complaint. If the student is still not satisfied with the determination of the Administrative Manager, the student must then advise the Administrative Manager within 5 business days of being informed of the determination. The matter will then be referred to the Wild Rose College General Manager in order to review the complaint and provide a final decision in writing within 10 business days. The General Manager will either confirm or amend the determination of the Administrative Manager, at which point Wild Rose College's Appeal/Dispute Resolution process will be exhausted.

Recommended Reading

The following texts might be helpful resources for your clinical training:

- Principles and Practices of Phytotherapy Simon Mills and Kerry Bone
- The Consultation in Phytotherapy Peter Conway
- Medical Herbalism, the Science and Practice of Herbal Medicine David Hoffmann
- Botanical Medicine Dr. Marisa Marciano and Dr. Nikita A Vizniak
- Herbal Formularies for Health Professionals (5 volumes) Dr. Jill Stansbury, ND
- Botanical Medicine for Women's Health Aviva Romm